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2008 District Couple of the Year
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GWRRRA Georgia

October 2008



Wind Down is Coming

Wind Down

In just a few weeks, we will be headed back to the Mount Pleasant Baptist Church in Macon to show our appreciation to our members and also select the 2009 Georgia District Couple Of the Year. On 1 November, with the assistance of Chapter Directors John and Linda Zimmer and the members of Chapter X, your District Staff will be serving hot dogs, hamburgers and all the fixings. We'll provide the main course, but we are asking everyone to bring a dessert to share with your friends. We will start at 10:00AM with games and we will eat lunch at 11:30AM. At 12:30PM we will begin the process of selecting the District Couple of the Year. This is an opportunity for your District Staff to show how much we appreciate your support. So come out, have lunch on us, and support your favorite Chapter Couple of the Year. We will also have a swap table so bring those nearly new motorcycle related items you've had stashed in your garage and make someone an offer they can't refuse.

Congratulations to our Winners

We had a wonderful time at the Region A Rally in Dothan. We are very proud of our Chapters that won a variety of contests. We would like to congratulate Chapter J for winning first place in the Scrapbook Contest; Chapter B-2 for first place in the Black and White Newsletter Contest and

Chapter E for their second place in the Color Newsletter Contest. Rules for the Scrapbook and Newsletter competition can be found at the Georgia District website at <http://gwrra-ga.com/>.

A few Reminders

Charter Fees. All Chapter Charter fees must be submitted to the Home Office by 1 December, so please ensure you send your check to the District Treasurer no later than November 20th. We will be glad to accept your check at Wind Down and provide a receipt for your Chapter treasury.

Chapter \$500 Cash Prize Tickets. We will issue the Chapter \$500 cash prize tickets at Chilly Willy and we need sufficient time to design and print the tickets. So please contact Bill and Betty Livingston, or John and Sheila Andrews, to place your order. This is an easy and efficient way to generate Chapter operating funds. The Chapter gets a net return of 90 cents on every ticket sold. We can take your orders for tickets at Wind Down.

Couple of the Year Resumes.

Remember, all Chapter Couples of the Year that have a desire to go through the process of becoming the next District Couple of the Year must have their resumes submitted to Bill and Betty Livingston no later than October 4th. The Couple of the Year Manual and resumes can be found at <http://med.gwrra.org/guides/coy/COY%20Resume%20Forms.doc>.

GOOD THINGS TO KNOW

UPCOMING EVENTS

October 4 - GA-E2 Fun Day: 11:30am to 3:30pm at "The Ponderosa", 14120 Mud Road, Brooklet, GA. For more information, contact Roy Bridges at 912-823-2743

October 11 - GA-L's Fund Raiser for Breast Cancer: 11:00am to 2:00pm at Dykes Creep Baptist Church Activities Center, 46 Dykes Creek Church Road, Rome, GA. Contact David Newby at 770-547-8763 for more information.

October 16-18 - MS District Rally: Stars on the Coast, Gulf Coast Convention Center, Biloxi, MS.

October 25 - GA-A Halloween Fun Day: 10am to 3pm at High Falls State Park, Jackson, GA. For more information, contact Bob & Bonnie McCroskey at 770-954-1924

November 1 - Wind Down: 10am to 2pm; Mt. Pleasant Baptist Church, 5455 Mt. Pleasant Church Road, Macon, GA, 31216

November 22 - GA-H2 Toy Run: 11:00am at PoJo's Truck Stop, located just North of I-16 on Hwy 301S between Statesboro and Claxton. Visit the Georgia website to see a flyer.

January 10 - Chilly Willy: Details relative to time and location to be announced shortly.

February 14 - GA-S Sweetheart Poker Run: 10am to 2pm; Fort Yargo State Park, 210 S. Broad St., Winder, GA, 30680. For more information, contact Ken & Traci Thrasher at 706-310-1041.

Heartfelt Sympathy To:

- Kenny Register and family on the passing of Kenny's mother
- Johnell Walker and family on the passing of Johnell's brother
- Gibson family on the passing of Glenn
- Walt Thayer and family on the passing of Walt's nephew
- Brenda & Ravyn Harrison on the passing of Lamar



Among Our Sick:

- Glenn Gibson - GA-A, In hospital
- Ron Bryant - GA-A, In hospital
- Billy Morris - GA-B2, Parkinson's & surgery
- Paul Holko - Recovering from surgery



GA Traveler's Plaque

Chapter GA-L captured the Traveler's Plaque from GA-B2. The plaque will once again be available on Saturday, October 11, at GA-L's Fun Day. Activities begin at 11:00 AM.

Meeting Changes

- GA-Q - Effective October, meeting location is changing to El Tapatio Mexican Restaurant, 133 Margie Drive, Warner Robins, GA. Still on the 2nd Monday, eating at 6pm and meeting at 7pm.
- GA-V - September 6 meeting time change; eat at 8:00am meet at 9:00am

Region A Wanderer

The journey of the new Region A Wanderer will begin with **AL-S**. The plaque will be available for capture on Saturday, October 4, 12 PM to 2 PM at Jonathan's Steak House, 15110 Hwy. 43 N, Russellville, AL.

From your 2008 District Couple of the Year
Dave & Betty Andrade

Thank You

Betty and I would like to thank the people who gracefully gave of their time to make our experiences as Couple of the Year so memorable. As we look back through the years and the steps through uncharted and yet exciting territory, we can only marvel at the friends and experiences that were afforded to us.

Every step forward opened a new door to the next stage in the progression and responsibilities we accepted, and looked forward to. For those who are first time Couples of the Year, enjoy the year in the knowledge that your Chapter thought enough of you to honor you. This is a time to revel in the good times and enjoy the moment.

If you are fortunate enough to be honored as District Couple of the Year, this is where the responsibilities and **fun** begin. As we made our way across the state and into neighboring states, we were greeted with a family-type warmth and recognition for the position we held. I made reference to the friends we made as we passed; many were casual and others personal. There is a difference; and once in this group, your peers become close. Among the five District Couples of the Year within Region A, a commonality has created and bonded lifelong friendships.

Throughout the Region A rally, the response that welcomed us was overwhelming and it was an experience we will cherish forever. As we stated earlier, enjoy, participate, make use of all the opportunities before you, and live the moment.

There can be only one winner of the Region A Couple of the Year, and we are happy that Mississippi was selected; although each couple is a winner and will always be in that fraternal brotherhood known as DISTRICT Couple of the Year.

We now are looking forward to contributing to the District in our capacities as MA Coordinators and District Assistant Rider Educator. This November, a new District Couple will take our place and we will be the first to welcome them with open arms.

Dave & Betty Andrade

2008 District Couple of the Year

District MA Coordinator

District Assistant Rider Educator

2008 Chapter *Couples of the Year*

GA-A Steve & Dottie Fagan
GA-A2 Ben & Martha Maddox
GA-B Barney & Joan Olson
GA-B2 Mark & Cindy Nettke
GA-C2 John & Joann Seward
GA-E Rick & Faye Reece
GA-E2 Chuck & Karen Cook

GA-H John & Sheila Andrews
GA-I Paul & Connie Jackson
GA-J Terry & Annie Kintz
GA-L Al & Peggy Rogers
GA-P John & Peggy Osse
GA-Q Pat & Beverly Schell
GA-S Carlos & Dee Lozano
GA-T Ronnie & Margaret Vaughn
GA-V James Cochran & Mary Christopher
GA-X Jerry & Melody Watson



From your Senior District Ride Educators *Chuck and Anne Reed*



Well, It's Beginning to Look Like Fall Riding Weather is Here

With the coming of fall, a lot of folks will be heading to the mountains to enjoy the ride, the twisties and the colors. A "lot of folks" includes those 4-wheelers that are also on the road. That being said; below are a few short reminders...

As you enjoy the sights, remember that you are the driver, not the looker. It is kind of hard to handle a motorcycle through the mountain curves and look at the pretty scenery at the same time. Remember, a driver of a 4-wheeler is probably doing the same thing; looking at the colors and not the curve ahead of him. So, if you "cheat" on a sharp curve, try to cheat away from potentially oncoming traffic, not toward the center line. It does give you just a bit more space, in situations where an oncoming vehicle might happen to encroach into your lane in a curve. Use the scenic overlooks and pull over areas to stop and take pictures.

Remember to pack an extra jacket or sweater. The weather is getting cooler. In the mountains, it gets cooler more quickly, especially in the evening. If your ride takes you longer than you expected, that extra jacket is going to feel pretty good!

Also remember, just because it is not HOT, that doesn't mean you don't have to worry about fluids. Keep that water bottle handy... and use it!

Last, but not least, it will be getting darker earlier now. So try to plan your ride with that in mind. If the darkness catches up with you while you are still in the twisties, don't get in a hurry to get home. Take a bit of extra time to make sure you are riding safely. Doing so will help ensure that you will arrive home safely.

And, as always, always be watchful for the unwatchful...

RSHF, Chuck and Anne Reed
Georgia Senior District Educators

Trike Talk - From your District Trike Representatives *Bill & Sandy Hatfield*

MUSCLE MEMORY

As most of you know, I went through some major surgery on August 22, 2008, so I was not able to ride until the week of September 18, when we went on a short (50 mile round trip) Dinner Ride with Chapter GA-S. The ride posed no problems, since most of the trip was on I-85 (straight highway, set the cruise and steer).

Well, two days later on Saturday, the 20th, we, and another couple, put about 140 miles on back-roads. By the time I got home I was bushed, my back was hurting, and my muscles were sore. As Trikers know, Trike riding needs more upper body strength than 2 wheeling since we steer and do not lean. My muscles still had the memory of riding and posture; but the stamina was lacking. After going from riding at least 100 miles a day, to not riding for 4 weeks... and then putting on 140+ miles, it proved to me that you have to ride pretty constantly to stay in shape for riding.

If you do not ride that much, don't try to put on a lot of miles in one day without a lot of stops to relax, walk-around, stretch, drink water and just generally loosen up.

RIDE - RIDE - RIDE - AND BE SAFE.

Bill & Sandy Hatfield
Georgia Trike Representatives